



Support during the postal survey



UQ is committed to diversity and inclusion, creating an environment where all staff and students are welcome and able to be themselves. If you need more support during the marriage equality postal survey, here's a range of services you can access:

UQ Student Services

Offer a range of support and counselling sessions to suit your needs including one-on-one, group and online. Crisis appointments can be arranged if required.

<http://www.uq.edu.au/student-services/wellbeing>

St Lucia: Building 21D
Gatton: Morrison Hall
Herston: Level 5, Oral Health Centre

UQU Student Help on Campus (SHOC)

Brought to you by UQU, SHOC is a free, independent, short term support service for all UQ students. The Gender & Sexuality counsellor provides space to talk to someone who has an understanding of what may be like.

<http://www.uqu.com.au/gender-and-sexuality>

St Lucia: Level 4, Building 21
Gatton: Mon-Tues, Room 233, Morrison Hall
Herston: available Wed by appointment

UQ Employee Assistance Program (Staff support)

All UQ staff and their family members can access up to six sessions of free, **confidential** counselling. No reports are given to supervisors, managers or HR without the consent of the staff member.

<http://www.hr.uq.edu.au/eap>

1300 360 364
24 hrs, 7 days

Open Doors Youth Service

Advocacy and support services for LGBTIQ+ young people aged 12 to 24 and their families who live in South East Queensland.

www.opendoors.net.au/

opendoors@opendoors.net.au
07 3257 76605; Green Square Cl, Fortitude Valley
9 am – 5 pm Tuesday to Friday

Diverse Voices (run by QLife)

Anonymous peer to peer telephone and internet counselling service to listen to and support the diverse voices that make up our community. Can provide useful referrals, mental health and peer support.

www.diversevoices.org.au/

www.facebook.com/Diverse.Voices.QLD/
1800 184 527
3 pm – midnight, 7 days

Headspace

Early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. Covers four core areas: mental health, physical health, work and study support and alcohol and other drug services.

www.facebook.com/headspacetaringa

07 3157 1555
5 Moorak Street, Taringa
9 am – 5pm Mon, Tues, Fri
10 am – 6 pm Wed, Thurs

Beyond Blue

We'll be there to listen, provide information and advice, and point you in the right direction so you can seek further support for the cost of a local call (could be more from mobiles).

<https://www.beyondblue.org.au/>

1300 224 636
24 hrs, 7 days
Chat online 3 pm - midnight (AEST) 7 days

Lifeline

A national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services. We're committed to empowering Australians to be suicide-safe through connection, compassion and hope.

www.lifeline.org.au/

13 11 14
24 hrs, 7 days
Chat online 7pm – midnight (NSW time) 7 days

Black Rainbow

Supports the strong & fabulous Aboriginal & Torres Strait Islander lesbian, gay, bisexual, sistergirl & brotherboy (transgender) & queer community.

www.facebook.com/BlackRainbowAustralia

The UQ Ally program provides a visible network of well-informed staff who create a safe, welcoming, and inclusive space for the diverse range of sexualities and gender identities at UQ and the broader community.

Members of the UQ Ally Network are not experts about matters of sexuality and gender – they are people who strongly support the University's stance on making this an environment where all people can safely work and study free of harassment or discrimination.

To find an Ally visit <http://www.uq.edu.au/equity/content/uq-ally-network-contacts>



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